

STATE OF NORTH DAKOTA

PROCLAMATION

ALL KIDS BIKE DAY
MARCH 28, 2025

WHEREAS, learning to ride a bike promotes confidence, independence and lifelong physical activity; and

WHEREAS, childhood obesity has reached alarming levels, posing serious health risks such as diabetes, heart disease, and decreased physical well-being and excessive screen time among children has been linked to impaired social development, and negative effects on mental health; and

WHEREAS, All Kids Bike is dedicated to equipping schools with the tools and training necessary to teach children the fundamental skill of riding a bicycle, encouraging movement, confidence and outdoor play; and

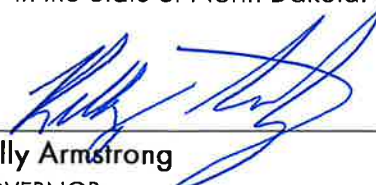
WHEREAS, North Dakota became the first state in the nation to implement the All Kids Bike program statewide, equipping over 200 schools with the Kindergarten PE Learn-to-Ride Program, providing teacher training, curriculum, balance-to-pedal bikes, helmets, pedal conversion kits, metal storage racks and support to help children develop essential skills and achieve the childhood milestone of learning to ride a bike at an early age; and

WHEREAS, learning to ride a bike fosters physical and mental well-being, encourages outdoor recreation, and supports North Dakota's commitment to promoting healthy, active communities for future generations; and

WHEREAS, All Kids Bike continues to work with educators, state leaders and communities to expand access to biking education, ensuring that all children, regardless of background or ability, can experience the benefits and joy of riding a bike.

NOW, THEREFORE, as Governor of the State of North Dakota, I do hereby proclaim
March 28, 2025, ALL KIDS BIKE DAY in the State of North Dakota.





Kelly Armstrong
GOVERNOR

ATTEST: 

Michael Howe
SECRETARY OF STATE